

# 2019-2020 Cal High All-comers Track Meets

**Dates: December 7th, January 25<sup>th</sup> and February 15<sup>th</sup>  
at California High School**

**Time: Meets start at 9:00am, gates open at 8:00am**

California High School has a new 9-lane all-weather track with new pits, hurdles, shot put and discus rings.

**FAT- Finish Lynx Automatic Timing System  
3/16" PYRAMID SPIKES ONLY (on sale at the meet)  
All Ages Can Compete**

**COST: \$5.00 unlimited entry for athletes, spectators, and coaches**

## **Running Events begin at 9:00am**

### **Order of Events for Dec. 7<sup>th</sup>, Jan. 25<sup>th</sup>**

4x100 Relay  
1600 meters  
60m Hurdles  
400 meters  
60 meters  
100 meters  
800 meters  
300m Hurdles  
300 meters  
200 meters  
3200 meters  
4x400 Relay

### **Order of Events for February 15<sup>th</sup>**

4x100 Relay  
1600 meters  
100/110 Hurdles  
400 meters  
100 meters  
800 meters  
300 Hurdles  
200 meters  
3200 meters  
4x400 Relay

## **Field Events begin at 9:00am**

Long Jump  
Triple Jump  
Pole Vault  
High Jump  
Shot Put  
Discus

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Long Jump  
Triple Jump  
Pole Vault  
High Jump  
Shot Put  
Discus

**PARKING:** Free Parking is available in front of the large gym on Hawes Street

**A Snack Bar will be open**

**California HS:** 9800 Mills Avenue, Whitter, CA 90604

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